

## Medical concerns in the SouthWild Pantanal area

### Inoculations needed

No inoculations are required. There is no yellow fever or malaria in the Pantanal. In general, it is good to be up to date on your yellow fever immunization and Tetanus. Please consult your physician.

### Exposure to potential diseases

Dengue is found in the city of Cuiaba but not in the remote Pantanal. We spend no real time in cities.

### Evacuations

SouthWild Pantanal is located 90 Minutes (69 km) from Poconé by gravel road and an additional 75 minutes by asphalt to Cuiaba. The Jaguar Flotel is located a 20 minute boatride (day or night) from Porto Jofre and 3 hours 20 minutes from Pocone and an additional 75 minutes to Cuiaba.

If aerial evacuation is needed we have pilot with high wing piston engine Cessna in Poconé on call all the time. He takes off in 10-15 min from being called, and is at SouthWild Pantanal in 25 Minutes and in Porto Jofre in 40 minutes. There is a landing strip 3 km from the hotel. Then in both cases, he should fly back to Poconé to administer first aid and basic emergency, or even snake antivenin (available in Poconé) and have a fast car take the patient in 55-66 min to a big hospital in Cuiabá.

### Hospitals:

Hospital Beneficiente de Poconé -Only simple procedures and First Aid  
Address: Avenida Dom Aquino - Centro - N°406 - Poconé- Mato Grosso  
Telephones + 55 65 3345 1965 / +55 65 3345 - 3020

“Pronto Socorro Municipal de Cuiabá”-

Adress: Rua General Valle - Centro - Cuiabá - Mato Grosso  
telephone: + 55 65 3617-1700

### Snakes, spiders, insects, leaches

It is very rare to see a venomous snake in Pantanal. There are too many predators in the intact ecosystem, and the predators eat snakes. If bitten it would be a small pit viper, and you would be driven or flown to the small hospital in the town of Poconé within a few hours, so it is not life-threatening. Most spiders can bite, but I have yet to hear of a single person having a problem with spiders in Pantanal.

**Chiggers** are easy to avoid if you use some permetherin ahead of time on lower parts of 1 or 2 pairs of trousers , 2-3 pairs of socks, 1 pair of light weight sneakers. Mosquitoes are present, but no disease carried by them. Some normal repellent takes care of them, if they bother you. We have mosquito nets in every room.